

SPIRIT OF THE HEART

Living from the heart
in oneness with creation



with Shanti & Puria

Content

„Spirit of the heart“ is a journey in the sacred space of our heart. By using shamanic rituals, guided journeys in our interior world, energetic cleansing and a pure orientation towards our sacred space in the heart, we create conditions which are highly supportive to reach this holiest of sacred spaces. Among other things we also become initiated in the „energetic codes“ of unconditional love and harmony, which enables us to embody this qualities whenever we wish. Furthermore we learn healing methods to deepen selflove and compassion. We draw upon the wisdom of indigenous cultures and the former secret knowledge from ancient mystery schools. Due to the urgency to ascend into higher dimensions of consciousness they now share their powerful tools with all of humanity which was in previous times only accessible for adepts. Once we know this way, we sense that it is possible to create the kind of life our hearts are longing for.

„When you allow your heart to guide you, faith, love, beauty, abundance, peace, harmony, authenticity, healing and creativity are natural consequences enriching your life. .

~ Puria

Venue and Date – as required

Living from the heart, feels so liberating and just simply the right way to be, that there is the wish to share this opportunity with other people. If you feel called or you know a company, a yoga circle or other groups or centers which could be interested in „Spirit of the heart“ please don't hesitate to connect via: puria.kaestele@web.de and we'll find out how to make it happen.

Energy Exchange

- ♥ 333 € (students or people with low income, please ask for special conditions)
- ♥ 282 € early bird price
- ♥ Additional costs for accomodation and food
- ♥ If you set up a group (minimum 6 people) than your participation is free
- ♥ If the group is bigger than 9 people and you organize the seminar you will get 20 – 40 % financial interest from the profit

Schedule

Start: Thursday 7:30 pm

End: Sunday 4:00 pm



To bring

Comfortable cloths

1 x White outfit

Writing material



Take into account

If emotional trauma is an issue of yours, please work with a therapist or us on releasing the charge, because otherwise this can make it complicate to enter the sacred space in the heart.

Spirit Holder Shanti & Puria (for small groups abroad; only Puria might come)



We are a couple since 2010 and besides sharing our joy for a simple and natural lifestyle, we also share our dedication for the „inner path“ of meditation, awakening and the way of the heart. Relentless authenticity, intuition and love is our foundation. We are every day available for all the challenges which this orientations brings along.

Since more than two decades we use shamanic and spiritual consciousness

expanding techniques which are rooted in indigenous traditions. We are both psychic and surrounded by the lovingly and wise presence of countless helpers from the spirit world. We feel especially grateful and inspired by our stays in the ashrams from Amma and Ramana Maharshi in South India, the Meetings with John de Ruiter and the research work of Drunvalo Melchizedek on the topics of the flower of life, the sacred space in the heart and the Merkaba (light body) and love to share this wisdom and spirit with you.

We are really looking forward to share with you „Spirit of the heart“



www.presence-healing.de

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